



HODO TOFU & FRESH YUBA

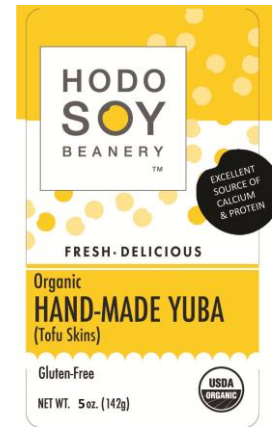
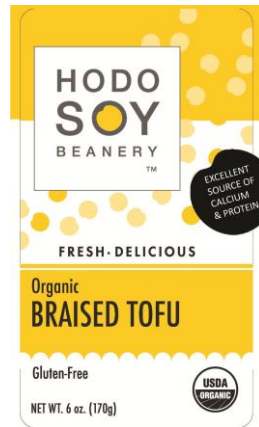
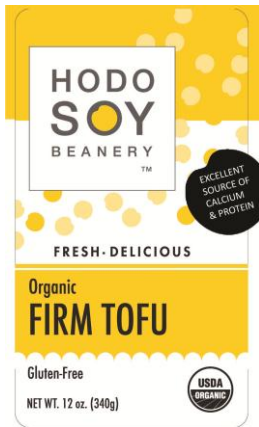
Firm Tofu	853404002213
Braised Tofu	853404002220
Hand-Made Yuba	853404002237

Why is **Hodo Firm Tofu** different? At Hodo, we use time-honored, artisan methods to make a creamy, higher protein soymilk that is the foundation of all our hand-crafted tofu. The result is our tofu has more complexity and depth of flavor. Hodo Firm Tofu has a subtle nutty aroma and buttery smooth texture. Compared to average market brands, Hodo Firm Tofu has twice the amount of protein per serving. Hodo Firm Tofu is a favorite staple in stir-frys, stews and salads. We love to marinate the tofu and grill or broil it.

To make **Hodo Braised Tofu**, we braise Hodo Firm Tofu in a light Chinese Five-Spice blend and caramel sauce that imparts a lovely fragrance and rich flavor. A fully cooked product, you can enjoy Hodo Braised Tofu straight, in a salad, or as a filling for sandwiches and omelets. We love to add it to stir-frys, congee, and noodle soups.

Yuba is a delicacy. Also known as “bean curd sheet,” yuba is the thin veil that forms on the surface as the cream rises in heated soymilk. At Hodo, we hand harvest the yuba, one sheet at a time. **Hodo Hand-Made Yuba** has a creamy, nutty and subtly complex flavor, with a firm bite. Hodo Yuba is protein-rich and has zero cholesterol. Hodo Yuba comes in thin sheets that can be cut into noodles and makes for a great all-organic, gluten-free pasta dish. Hodo Yuba is perfect for wraps and spring rolls, and is a wonderful addition into stews, soups and sautés.

All organic and gluten-free, there’s a freshness you can taste in all our tofu and yuba products. All Hodo Firm Tofu, Braised Tofu and Hand-Made Yuba are available in food service and retail packs.



Product: Firm Tofu
 Shipped: Fresh, refrigerated
 Shelf life: 21 days refrigerated
 Retail Pack: 12 oz
 Retail Case Pack: 12X 12 oz, 9 lbs
 Retail Packaging: Vacuum packed plastic pouch, corrugated mastercase
 MSRP: \$4.19
 Food Service Pack: 5 lbs
 Food Service Case Pack: 4X5lbs, 20 lbs
 Food Service Packaging: Vacuum packed plastic bag

Product: Braised Tofu
 Shipped: Fresh, refrigerated
 Shelf life: 21 days refrigerated
 Retail Pack: 6 oz
 Retail Case Pack: 12X 6 oz, 4.5lbs
 Retail Packaging: Vacuum packed plastic pouch, corrugated mastercase
 MSRP: \$3.19
 Food Service Pack: 5 lbs
 Food Service Case Pack: 2X5lbs, 10 lbs
 Food Service Packaging: Vacuum packed plastic bag

Product: Hand-Made Yuba
 Shipped: Fresh, refrigerated
 Shelf life: 10 days refrigerated
 Retail Pack: 5 oz
 Retail Case Pack: 8X 5 oz, 2.5 lbs
 Retail Packaging: Vacuum packed plastic pouch, corrugated mastercase
 MSRP: \$6.99
 Food Service Pack: 5 lbs
 Food Service Case Pack: 1X5lbs, 5lbs
 Food Service Packaging: Vacuum packed plastic pouch



HODO TOFU & FRESH YUBA

Firm Tofu 853404002213
Braised Tofu 853404002220
Hand-Made Yuba 853404002237

Product: Firm Tofu

Nutrition Facts	
serving size 3 oz. about 1/3 cup (85g) servings per container 4	
Amount per serving	
Calories 110	Calories from Fat: 25
	%Daily value*
Total Fat 3g	5%
Saturated Fat 1.5g	8%
<i>Trans Fat</i>	
Cholesterol 0mg	0%
Sodium 35 mg	1%
Total Carbohydrate 4g	1%
Dietry Fiber 4g	16%
Sugar 0g	
Protein 17g	33%
Vitamin A 0%	Vitamin C 0%
Calcium 20%	Iron 10%

* Percent daily values are based on a 2,000 calories diet. Your daily values may be higher or lower depending on your cal needs.

Ingredients: Water, Organic, Non-GMO Soybeans, Calcium Sulfate

Organic
 Allergen: Contains Soy
 Certified Organic By CCOF

For Retail Only:



Unit UPC: 853404002213



Case UPC: 853404002466

Product: Braised Tofu

Nutrition Facts	
serving size 3 oz. about 1/3 cup (85g) servings per container 2	
Amount per serving	
Calories 110	Calories from Fat: 25
	%Daily value*
Total Fat 3g	5%
Saturated Fat 1.5g	7%
<i>Trans Fat</i> 0mg	
Cholesterol 0mg	0%
Sodium 70mg	3%
Total Carbohydrate 4g	1%
Dietry Fiber 4g	16%
Protein 16g	33%
Vitamin A 0%	Vitamin C 0%
Calcium 20%	Iron 10%

* Percent daily values are based on a 2,000 calories diet. Your daily values may be higher or lower depending on your cal needs.

Ingredients: Organic Firm Tofu* (Water, Organic, Soybeans, Calcium Sulfate), Water, Sea Salt, Five-Spice* (Star Anise*, Cinnamon*, Fennel*, Cloves*, Black Pepper*), Brown Sugar*

*Organic
 Allergen: Contains Soy
 Certified Organic By CCOF

For Retail Only:



Unit UPC: 853404002220



Case UPC: 853404002480

Product: Hand-Made Yuba

Nutrition Facts	
serving size 3 oz. about 1/3 cup (85g) servings per container 2	
Amount per serving	
Calories 150	Calories from Fat: 35
	%Daily value*
Total Fat 3.5g	6%
Saturated Fat 2g	10%
<i>Trans Fat</i> 0mg	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 7g	2%
Dietry Fiber 4g	17%
Sugar 1g	
Protein 21g	43%
Vitamin A 0%	Vitamin C 0%
Calcium 8%	Iron 10%

* Percent daily values are based on a 2,000 calories diet. Your daily values may be higher or lower depending on your cal needs.

Ingredients: Water, Organic, Non-GMO Soybeans

*Organic
 Allergen: Contains Soy
 Certified Organic By CCOF

For Retail Only:



Unit UPC: 853404002237



Case UPC: 853404002527