



## HODO TOFU & FRESH YUBA

Firm Tofu 853404002213 UNIT | 853404002466 CS | 853404002091FS  
 Braised Tofu 853404002220 UNIT | 853404002480 CS | 853404002190 FS  
 Yuba 853404002237 UNIT | 853404002527 CS | 853404002350 FS

Why is **Hodo Firm Tofu** different? At Hodo, we use time-honored, artisan methods to make a creamy, higher protein soymilk that is the foundation of all our hand-crafted tofu. As a result, our tofu has more complexity and depth of flavor -- subtly nutty with a freshness you can taste. Its buttery smooth texture works well with different cooking methods and cuisines -- you can slice, cube or crumble Firm Tofu into salads, stir-frys, and stews, or marinate for the grill. When deep fried, it takes on a “meaty” texture. Firm Tofu makes a great vegetarian protein.

To make **Hodo Braised Tofu**, we poach Hodo Firm Tofu in a light Chinese Five-Spice blend and caramel sauce that infuses our tofu with a lovely fragrance and deep, rich flavor. Braised Tofu has a smooth texture, and gives a slightly springy mouth-feel. Savory, briny, and contrasted with a smoky sweetness, Braised Tofu can be sliced or cubed to make for a delicious sandwich, or cut into thin juliennes as a protein addition to a salad, soups or stir-fry.

Yuba is a delicacy. Also known as “bean curd sheet,” yuba is the thin veil that forms on the surface as the cream rises in heated soymilk. At Hodo, we hand harvest the yuba, one sheet at a time. **Hodo Yuba** has a creamy, nutty and subtly complex flavor, with a firm bite. Hodo Yuba is protein-rich and has zero cholesterol. Hodo Yuba comes in thin sheets that can be cut into noodles and makes for a great all-organic, gluten-free pasta dish. Hodo Yuba is perfect for wraps and spring rolls, and is a wonderful addition into stews, soups and sautés.

All organic and gluten-free, there’s a freshness you can taste in all our tofu and yuba products. All Hodo Firm Tofu, Braised Tofu and Hand-Made Yuba are available in food service and retail packs.



Product: Firm Tofu  
 Shipped: Fresh, refrigerated 41F  
 Packaging: Vacuum-sealed plastic bag, corrugated case  
**Retail Specs**  
 Unit Size: 12oz  
 Case Pack: 12X 12oz, 9lbs  
 Shelf life: 60 days refrigerated  
 MSRP: \$4.19  
**Food Service Specs**  
 Unit Size: 5lbs  
 Case Pack: 4X5lbs, 20lbs  
 Shelf life: 21 days refrigerated

Product: Braised Tofu  
 Shipped: Fresh, refrigerated 41F  
 Packaging: Vacuum-sealed plastic bag, corrugated case  
**Retail Specs**  
 Unit Size: 8oz  
 Case Pack: 12X 8oz, 6lbs  
 Shelf life: 60 days refrigerated  
 MSRP: \$4.19  
**Food Service Specs**  
 Unit Size: 5lbs  
 Case Pack: 1X5lbs, 5lbs  
 Shelf life: 21 days refrigerated

Product: Yuba  
 Shipped: Fresh, refrigerated 41F  
 Packaging: Vacuum-sealed plastic bag, corrugated case  
**Retail Specs**  
 Unit Size: 5oz  
 Case Pack: 8X 5oz, 2.5lbs  
 Shelf life: 30 days refrigerated  
 MSRP: \$6.99  
**Food Service Specs**  
 Unit Size: 5lbs  
 Case Pack: 1X5lbs, 5lbs  
 Shelf life: 21 days refrigerated



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Product: Firm Tofu

<b>Nutrition Facts</b>	
Serving Size 3oz (85g)	
Servings Per Container 3.5	
Amount Per Serving	
<b>Calories 90</b>	Calories from Fat 20
% Daily Value*	
<b>Total Fat</b> 2.5g	<b>4%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 6g	<b>2%</b>
Dietary Fiber 4g	<b>16%</b>
Sugars 0g	
<b>Protein</b> 12g	<b>24%</b>
Vitamin A 0%	Vitamin C 0%
Calcium 25%	Iron 10%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Ingredients: Water, Organic, Non-GMO Soybeans, Calcium Sulfate

\*Organic Allergen: Contains Soy  
Certifications: CCOF Organic, Kosher  
Tablet K, Project Non-GMO Pending

For Retail Only:



Unit UPC: 853404002213



Case UPC: 853404002466

Product: Braised Tofu

<b>Nutrition Facts</b>	
serving size 3 oz. about 1/3 cup (85g)	
servings per container 2	
Amount per serving	
<b>Calories 110</b>	Calories from Fat: 25
%Daily value*	
<b>Total Fat</b> 3g	5%
Saturated Fat 1.5g	7%
Trans Fat 0mg	0%
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 70mg	3%
<b>Total Carbohydrate</b> 4g	1%
Dietary Fiber 4g	16%
<b>Protein</b> 16g	33%
Vitamin A 0%	Vitamin C 0%
Calcium 20%	Iron 10%

\* Percent daily values are based on a 2,000 calories diet. Your daily values may be higher or lower depending on your cal needs.

Ingredients: Organic Firm Tofu\*  
(Water, Organic, Soybeans, Calcium Sulfate), Water, Sea Salt, Five-Spice\*  
(Star Anise\*, Cinnamon\*, Fennel\*, Cloves\*, Black Pepper\*), Brown Sugar\*

\*Organic Allergen: Contains Soy  
Certifications: CCOF Organic, Kosher  
Tablet K, Project Non-GMO Pending

For Retail Only:



Unit UPC: 853404002220



Case UPC: 853404002480

Product: Yuba

<b>Nutrition Facts</b>	
serving size 3 oz. about 1/3 cup (85g)	
servings per container 2	
Amount per serving	
<b>Calories 150</b>	Calories from Fat: 35
%Daily value*	
<b>Total Fat</b> 3.5g	6%
Saturated Fat 2g	10%
Trans Fat 0mg	0%
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 30mg	1%
<b>Total Carbohydrate</b> 7g	2%
Dietary Fiber 4g	17%
Sugar 1g	
<b>Protein</b> 21g	43%
Vitamin A 0%	Vitamin C 0%
Calcium 8%	Iron 10%

\* Percent daily values are based on a 2,000 calories diet. Your daily values may be higher or lower depending on your cal needs.

Ingredients: Water, Organic, Non-GMO Soybeans

\*Organic Allergen: Contains Soy  
Certifications: CCOF Organic, Kosher  
Tablet K, Project Non-GMO Pending

For Retail Only:



Unit UPC: 853404002237



Case UPC: 853404002527

PS Vers: 0215