



HODO TOFU PUFFS

UPC: 853404002114 FOOD SERVICE

Hodo Tofu Puffs are golden cubes of deep-fried tofu. Also known as “age”, tofu puffs are a culinary marvel and is a popular ingredient in many cuisines because of its versatility and unique texture. Chefs love its meat-like chewy texture, and its sponge-like ability to soak up any sauce base makes it a canvas for creative cooking.

To make **Hodo Tofu Puffs**, we twice fry our signature Hodo Firm Tofu to create a delicious tofu puffs. We removed most of the moisture from the tofu, leaving behind a tasty pillow of fried tofu. The Tofu Puffs are great in soups, braises, curries and stir fries. They can also be stuffed, or shredded as faux meat. Tofu Puffs store well frozen. Because of its low moisture content, it provides a great yield in recipes making it an economical plant-based protein. One serving of Hodo Tofu Puffs is 40% DV of protein.

Hodo Tofu Puffs is only available for wholesale food service.



Product: Tofu Puffs
Shipped: Fresh, refrigerated 41F
Packaging: Vacuum-sealed plastic bag, corrugated case
Food Service Specs
Unit Size: 5lbs
Case Pack: 1X5lbs, 5lbs
Shelf life: 21 days refrigerated
Certifications: CCOF Organic, Kosher Tablet K, Project Non-GMO Pending

Nutrition Facts	
Serving Size: 3 oz (85g)	
Servings Per Container: 27	
Amount Per Serving	
Calories 250	Calories from Fat 150
% Daily Value*	
Total Fat 17g	26%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 6g	2%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 20g	
Vitamin A 0%	Vitamin C 0%
Calcium 30%	Iron 15%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Hodo Organic Tofu (Water, Organic Soybeans, Calcium Sulfate), Soybean Oil*

*Organic
Allergen: Contains Soy